



## Brochures and Flyers

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# Do you have difficulty speaking following your stroke?



## Join our Aphasia Communication Group HADDONFIELD, NJ

### Aphasia is difficulty with:

- Comprehension
- Reading
- Writing
- Speaking

due to a stroke or other  
traumatic brain injury.

### This Aphasia Communication Group will:

- Help you cope with the challenges of living with aphasia
- Give you practice with speaking
- Show you alternative communication strategies
- Introduce you to others with aphasia



Adler Aphasia Center  
60 West Hunter Avenue  
Maywood, NJ 07607  
201-368- 8585

Adler Aphasia Center  
at West Orange  
JCC MetroWest  
760 Northfield Avenue  
West Orange, NJ 07052  
973-530- 3981

**DATES:** Group meet on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays of the month. Occasionally, meetings do not follow this schedule. Always call ahead: 973.530.3981. *You must register and may join this group at any time.*

**TIME:** 1:00 PM until 3:00 PM

**LOCATION:** First Presbyterian Church  
20 King's Highway, Haddonfield, NJ  
EASY ACCESS TO/FROM PATCO STATION

For more information and to pre-register, call 973.530.3981 or email Gretchen Szabo at [gszabo@adleraphasiacenter.org](mailto:gszabo@adleraphasiacenter.org).

Additional groups are located in Bridgewater, Hammonton, Maywood, Monroe Twp., Morristown, North Bergen, Scotch Plains and Toms River.

[www.AdlerAphasiaCenter.org](http://www.AdlerAphasiaCenter.org)

We are a 501(c)(3) non-profit organization.

# Support Groups

## A list of Aphasia Support Groups in Delaware



### Aphasia Brew Crew - U. of Delaware

A conversation coffee house for individuals with aphasia and their care partners.

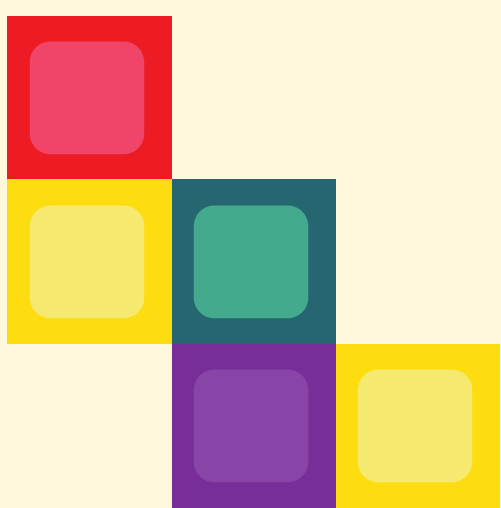
When? Tuesdays, Weekly 11:30am – 12:30pm  
[aphasiaUD@udel.edu](mailto:aphasiaUD@udel.edu)



### Aphasia Movie Club - U. of Delaware

Watch the movie of the week on your own and participate in a lively discussion!

When? Fridays, Every two weeks 11:30am – 12:30pm  
[aphasiaUD@udel.edu](mailto:aphasiaUD@udel.edu)



### Great Games - U. of Delaware

A space for individuals with aphasia and their care partners to play fun games!

When? Fridays, Every two weeks 11:30am – 12:30pm  
[aphasiaUD@udel.edu](mailto:aphasiaUD@udel.edu)



### Aphasia Education Group - ChristianaCare

Practice communication and participate in discussions centered around aphasia.

When? 1st Wednesday of the month 12:00pm - 12:30pm  
[mmyers@christianacare.org](mailto:mmyers@christianacare.org)



### Aphasia Book Club (Zoom) - ChristianaCare

Discuss your favorite books with other individuals with aphasia.

When? Mondays at 12:15pm - 1:15pm  
[mmyers@christianacare.org](mailto:mmyers@christianacare.org)

**MAGEE REHABILITATION  
APHASIA COMMUNITY SUPPORT GROUP**

**Come Join the Aphasia Group in  
November - virtually!**

(Individuals with aphasia and/or their family members are welcome to attend)

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**Date:** Tuesday, November 2nd, 2021  
*\*Note: Magee Aphasia Group meets the first Tuesday of every month!*  
*Future group dates:*  
Tuesday, December 2<sup>nd</sup>, 2021  
Tuesday January 4<sup>th</sup>, 2022

**Time:** 1:00 PM - 2:00 PM

**Where:** On your computer via Zoom. Please use the following information to log on:  
**Computer Link:** <https://Jefferson.zoom.us/j/7493992360>  
**Call in Via Phone:** +1 646-876-9923  
**Meeting ID:** 749 399 2360

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If you are interested in joining the Aphasia Support Group or have any questions, please contact Cydney Ciacci at (215) 587-3202 or by email at [Cydney.Ciacci@jefferson.edu](mailto:Cydney.Ciacci@jefferson.edu).

## Zoom Instructions

### **By calling on your phone:**

- Using your phone, dial 1-646-876-9923
- When asked for the meeting ID number, type in 749 399 2360 #
- When asked, say your name then press #

### **Using your computer or cell phone via the internet:**

- Go to <https://zoom.us/>
- At the top, click “Join a Meeting”
- Type in the meeting ID: 749 399 2360
- Make sure you click “Start Video” and “Unmute” to talk!

### **Important controls in the meeting:**



Use this to  
mute or  
unmute your  
microphone

Use this to  
turn your  
video camera  
on and off

Click here to  
type a message  
in the group  
chat

# Reta's Games Group Presents: Virtual Variety Hour

**Date:** Wednesdays, 11am to 12pm

**Group Facilitator:** Nikki Benson

**Cost:** No Charge

**Description:** ZOOM on in and observe or participate in our weekly activities. Some of our themes are Games, Movie Discussions, Music, Photo Memories and more!



FEES ARE TEMPORARILY LOWER  
to reflect Quarantine Adjustments.

Regular fees will apply when  
MRAC resumes with  
in-person sessions.

WE APPRECIATE YOUR PATIENCE &  
LOOK FORWARD TO SEEING YOU AGAIN.

## Virtual Aphasia Center General Information

- 1) People living with aphasia and their co-survivors are eligible to participate in our programs. A recent speech report will be requested to determine group placement.
- 2) Classes are filled on a first-come, first served basis. If classes are not full, late sign-up will be pro-rated.
- 3) Personal absences cannot be made up. If the Aphasia Center cancels a group, it will be made up.
- 4) MRAC takes personal security very seriously. Virtual participation limits some of our controls. We send each member a separate link for each session for which they are registered. PLEASE do not forward meeting information without MRAC's authorization. Unexpected attendees will not be admitted.
- 5) Participants must be independent or personally assisted and have access to and general comfort with using a phone, tablet, or a computer.
- 6) While we are meeting virtually, **please Mail Checks or Money Orders**, payable to "MossRehab Aphasia Center", to MossRehab Aphasia Center, 50 Township Line Rd., Elkins Park PA 19027 **Scholarships are available if fees present a hardship.** Payment arrangements can be made with Nikki Benson at 215.663.6344.

# -VIRTUAL- MossRehab Aphasia Activity Center Programs

## FALL 2021

October thru December

**Aphasia Activity Center  
Programs are held:**

**On a Phone, Computer or  
Device near you**

MossRehab Aphasia Center  
50 Township Line Rd, 3<sup>rd</sup> Floor  
Elkins Park, PA 19027

**Contact Nikki Benson  
with questions:**

**215-663-6344**

or

[BensonWN@einstein.edu](mailto:BensonWN@einstein.edu)

 **MossRehab**  
EINSTEIN HEALTHCARE NETWORK

## Constance Sheerr Kittner Virtual Conversation Café

Therapist Led Conversation Groups

**Dates:** Mondays, Oct 4<sup>th</sup> thru Dec 20<sup>th</sup>  
Tuesdays, Oct 5<sup>th</sup> thru Dec 21<sup>st</sup>

**Group Facilitator:** Karen R. Cohen,  
Speech Language Pathologist

**Cost: \$92.00 (8 Sessions)**

**Description:** Do you want to have some fun while tuning up your communication skills? Then join our Connie Kittner Conversation Café. Group members are given the opportunity to have their voices heard in a supportive environment while enjoying each other's company and ideas. Sessions provide opportunities for adult conversation and social interaction, while encouraging the use of successful and effective communication techniques and strategies for coping with aphasia and enjoying life.



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**Placement for groups is determined by the group Facilitator. If interested, please contact Nikki Benson to complete a registration packet. Call 215-663-6344 or email BensonWN@einstein.edu.**

**\*NEW THIS SEMESTER\***

## Constance Sheerr Kittner Conversation Café: Primary Progressive Aphasia (PPA)

Therapist Led Conversation Group  
especially for people living with PPA

**Dates:** Oct 4<sup>th</sup> thru Dec 20<sup>th</sup>  
Tuesdays, 1pm to 2pm

**Cost: \$150 (10 Sessions)**

**Group Facilitator:** Karen R. Cohen,  
Speech Language Pathologist

**Description:** Our newest Conversation Café focused specifically for those with PPA. Sessions provide opportunities for adult conversation and social interaction, in a supportive environment, while learning about PPA, communication techniques and strategies for coping with aphasia and enjoying life.

**Eligibility:** Members must have received a formal diagnosis of Primary Progressive Aphasia and will consult with Karen Cohen, Group Facilitator & SLP prior to group membership. Please contact MRAC for more details.

## Computer Lab



**Dates:** Call 215-663-6344

**Times:** By appointment only

**CALL IF INTERESTED** (members)  
We may be able to accommodate virtual training pending member needs.  
\$ ( \$)  
(Available if schedule permits)

**Description:** Do you want to: Learn more about programs available on the computer and through the Internet? Email family and friends? Practice speech and language skills one-on-one?

Individuals who have completed speech therapy and have targeted goals for continued self-study may be eligible to participate in one-on-one computer practice with guidance and support by a trained volunteer under the supervision of a speech-language pathologist. Group classes may be offered during the year and will be advertised as they become available.

**Eligibility:** New participants in the Computer Lab will be asked to provide a recent speech therapy report or participate in a screening.

**Individuals are scheduled as openings become available.**



# *Speech—Language—Hearing Community Clinic*



1900 West Olney Avenue  
St. Benilde Tower  
(near the Olney/Wister/Chew intersection)  
Philadelphia, PA 19141

All services are provided at no cost to the patient.





Being able to communicate with others is critically important to quality of life. People who struggle when speaking – perhaps they stutter, have had a stroke, or can't pronounce words clearly – can feel isolated, and struggle at work, school, or with friends.

Speech pathology graduate students at La Salle's Speech-Language-Hearing Community Clinic, along with their licensed, certified instructors, work with both children and adults who may have trouble reading and writing, as well as speaking.

They assess speech, discuss details with family (for pediatric patients), create a treatment plan, and follow through with the necessary therapy. They also counsel parents and family members on how to reinforce treatment at home. Treatment for speech disorders involves a lot of practice, and family members play an important role. **All Clinic services are provided at no cost to the patient.**

#### > WE CAN HELP WITH THE FOLLOWING:

- Slurred speech after a stroke
- Difficulty pronouncing words, being understood
- Incoherent speech or trouble finding the right words
- Children who start talking late
- Swallowing problems
- Stuttering
- Hoarse voice, constant laryngitis
- Unable to speak after brain injury
- Difficulty reading/writing after a stroke
- Risks associated with autism spectrum disorder or developmental syndrome
- Difficulty understanding language or speaking after a stroke

#### LOCATION AND HOURS:

We are conveniently located on the second floor of St. Benilde Tower on La Salle University's Northwest Philadelphia campus – near the intersection of Wister/Chew/Olney. The Clinic is open throughout the year with day and evening hours. Call 215.951.1888 to schedule an appointment.

#### COST:

Even if you have no health coverage, or if your health plan benefits have run out, we can help. **All services are provided at no cost to the patient or family.**

# HAS A STROKE LEFT YOU OR A LOVED ONE SPEECHLESS?

**You may be eligible to participate in a new clinical trial**

The Laboratory for Cognition and Neural Stimulation (LCNS) is looking for persons with **aphasia** caused by stroke. **Aphasia** is a language disorder that affects one's ability to communicate. This clinical trial uses Transcranial Magnetic Stimulation (TMS) combined with language therapy to investigate language recovery. TMS is a safe approach that uses magnetic pulses to modify the activity of small regions of the brain from outside the head.



## Are you eligible?

### Must have/be:

- Ages 18-80
- Had a stroke which occurred at least 6 months ago
- Native English speaker

### Cannot have/be:

- Had a seizure within the past 6 months
- History of psychiatric hospitalizations
- Persistent ringing in the ears
- Pregnant or have plans to become pregnant
- Current abuse of drugs or alcohol

\*\* To qualify, must meet with a neurologist to discuss medical history. Also, must meet with speech therapist to determine language ability

## Participants will receive:

- \$15.00 per hour for treatment and testing as well as reimbursement of up to \$50.00 for transportation costs per visit

## Visit Breakdown:

This trial has 22 visits over a 6 month span

- Visits 1-5: Includes Medical Screening, Baseline Language Testing, and an MRI
- Visits 6-16: Treatment
- Visits 17-22: Follow-up Language Assessments and an MRI

\*\* During our trial, you must refrain from additional speech therapy

**For more information, call or email a member of the study team:**

**braintms@penntmedicine.upenn.edu  
215-573-4336**

## CILT+HD-tDCS As A Potential Therapy for Primary Progressive Aphasia

### About the study:

Primary Progressive Aphasia, or PPA, is a condition that affects language abilities. A person with PPA may have difficulties speaking, understanding speech, reading, or writing, and these difficulties worsen over time.

The purpose of this study is to determine whether a form of non-invasive brain stimulation called High-Definition Transcranial Direct Current Stimulation (or HD-tDCS) can be used as a therapeutic technique, in combination with Constraint-Induced Language Therapy (CILT) to improve the language symptoms of PPA.

HD-TDCS uses a mild electrical current, about the same strength as a 9-volt battery, to stimulate regions of the brain from outside the head. This is performed using small electrodes placed inside gel-filled capsules on the scalp using an elastic cap that help conduct the electrical signal into the brain. HD-tDCS changes how responsive certain regions of the brain can be (i.e., more or less responsive).

CILT is a form of speech therapy that focuses on improving speech production in everyday life. During the study, you will do some language testing to assess your current performance. Then, during the therapy, you will start at this level. We will change the therapy as you improve in order to make sure you have the best chance of increasing your language skills.

This study will use HD-tDCS combined with CILT to try to increase how responsive the language areas of the brain can be, in order to determine whether this type of stimulation can help enhance the benefits of CILT.

### Who may be eligible to participate?

- Ages 45-80 years old
- Must have aphasia due to Primary Progressive Aphasia
- Native English speaker

### Visit Breakdown:

Visit 1 - Enrollment & Screening  
Visit 2- Baseline MRI  
Visit 3 & 4 - Baseline Language Assessment  
Visit 5 - 14 - Therapy  
Visit 16 - 18 - Immediate Follow-up  
Visit 19 & 20 - 6 week Follow-up  
Visit 21-24 - 12 week Follow-up  
\*\*\*\*\*CROSSOVER\*\*\*\*\*  
Visit 25 - Baseline Language Assessment  
Visit 26-35 - Therapy  
Visit 36-38 - Immediate Follow-up  
Visit 39 & 40 - 6 week Follow-up  
Visit 41-43 - 12 week Follow-up

Participants will be asked to STOP all speech & language therapies outside of study participation.

### Compensation:

Participants will be compensated for their time & travel.

**For more information, contact the study coordinator: Christopher Haslam**  
**[CHaslam@pennteam.upenn.edu](mailto:CHaslam@pennteam.upenn.edu)**



# Treatment of Communication Difficulties in Alzheimer's Disease: A TMS and Speech Language Therapy Study

## Who may be eligible to participate?

Individuals who are 50-85 years old with a diagnosis of mild to moderate AD

Native English speakers

Ability to attend and participate in all study visits

NOT have a history of stroke, seizure, or other significant neurological or medical disease

## What happens during study visits?

3 baseline visits for cognitive testing and an MRI scan

10 (Monday-Friday) treatment visits with TMS (real or sham) & speech language therapy

Follow-up visits at 6 weeks and 12 weeks after treatment

## Compensation

Participants will be compensated for time and travel.

The Laboratory for Cognition and Neural Stimulation (LCNS) at the University of Pennsylvania and the Penn Memory Center (PMC) are partnering on a new study.

We are interested in pairing non-invasive brain stimulation (TMS – Transcranial Magnetic Stimulation) with speech language therapy to improve communication impairments in patients with mild to moderate Alzheimer's disease (AD).

The study also aims to further understanding of how AD affects language systems in the brain.

## Consent

Before enrolling, the participant and study partner must read, understand, and sign a formal consent form which fully explains the study.



For more information, contact Daniela Sacchetti, MS

✉ [danielas@pennteam.upenn.edu](mailto:danielas@pennteam.upenn.edu)

☎ 215-573-8485

**Principal Investigator:**  
H. Branch Coslett, MD,  
William N. Kelley  
Professor of Neurology

## Take Part in Our Research

### Are you an individual with a history of aphasia?

We are seeking persons with aphasia to participate in our research and/or enroll in one of our aphasia treatment programs. The study consists of testing your speech, language, memory and organization.

### Are you a doctor, researcher or clinician in the field?

Your patients may be eligible for participation in our studies.

### Are you a healthy adult interested in participating?

We are seeking healthy older adults to participate in our research to better understand the language, memory, and organizational problems that may occur when someone has a stroke.

### Are you a student interested in volunteering?

Please visit our website at [www.saffrancenter.com](http://www.saffrancenter.com) and fill out the student application or email us at [saffrancenter@temple.edu](mailto:saffrancenter@temple.edu) for more information.



## Center Location

Temple University  
College of Public Health  
Department of Communication  
Sciences & Disorders  
983 Ritter Annex  
1301 Cecil B. Moore Avenue  
Philadelphia, PA 19122



## Mailing Address

Eleanor M. Saffran Center for  
Cognitive Neuroscience  
110 Weiss Hall  
1701 N 13th Street  
Philadelphia, Pa 19121

**Phone:** 215-204-4350

**Fax:** 215-204-6334

**E-mail:** [saffrancenter@temple.edu](mailto:saffrancenter@temple.edu)



## APHASIA REHABILITATION RESEARCH LABORATORY

### Temple University *Informational Brochure*



[www.saffrancenter.com](http://www.saffrancenter.com)



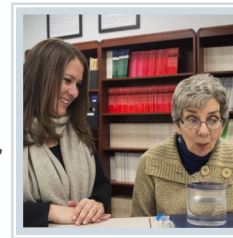
## Nadine Martin, Ph.D.

Nadine Martin, Ph.D. is a Professor of Communication Sciences and Disorders at Temple University and serves as the Director of *The Eleanor M. Saffran Center for Cognitive Neuroscience*. Her research on language and verbal short-term memory abilities in aphasia, supported by the National Institutes of Health (NIH), has contributed greatly to both theoretical and applied models of aphasia rehabilitation.



## Our Lab

Researchers, clinicians and students in this laboratory work together to investigate the relationships among language and short-term memory impairments associated with aphasia. Stroke and progressive neurological disorders often lead to changes in language and other cognitive functions. The knowledge we gain through the study of these changes is used to develop better diagnostic measures and more effective treatments for aphasia. Our aim is to find ways to improve the overall communication abilities, and consequently, the quality of life, for people with aphasia.



## Research

*The tests and treatments we offer are experimental, and are based on the latest knowledge of language and cognitive difficulties associated with aphasia.*

### Diagnostic

- ◇ Temple Assessment of Language and Verbal Short Term Memory in Aphasia (TALSA)
  - The TALSA test battery carefully evaluates language and verbal short term memory abilities in individuals with aphasia.

### Treatment

- ◇ Here at the laboratory, we have strategically developed treatment approaches for many areas of language and verbal STM, including:
  - *Word and sentence production*
  - *Word and sentence comprehension*
  - *Holding onto words in memory*
  - *Improving conversational skills*

## Why Get Involved?

There are many reasons to get involved with research in our laboratory. With your participation, we can determine if the treatment within our research program is effective and reliable in language and verbal short-term memory rehabilitation. Take advantage of the opportunity the laboratory has to offer:

- ◇ Practice your language and short-term memory abilities
- ◇ Improve your ability to communicate with others
- ◇ Become a part of a supportive and interactive aphasia community
- ◇ Help improve rehabilitation methods for aphasia and other language disorders that occur after stroke or other neurological disorders

*\*Please see backside for details on how to get involved with the Aphasia Rehabilitation Research Laboratory\**



# **GET PAID FOR LANGUAGE AND MEMORY RESEARCH**

The Aphasia Rehabilitation Research Laboratory at Temple University is seeking participants for online and in-person studies of language and memory.

## **LOCATION**

- Your home via computer
  - No computer skills necessary – a researcher will facilitate instruction
- Our lab at Temple University
  - Extensive safety procedures are in place for in-person appointments

## **ELIGIBILITY REQUIREMENTS**

- Age 18 or older
- Native English speaker
- Healthy adults and those with a diagnosis of aphasia or mild cognitive impairment

## **PAYMENT**

- \$10/hour; \$10 transportation (for on-site sessions)

Contact us at [emslab@temple.edu](mailto:emslab@temple.edu)  
or call us at 215-204-4350.



# Do you have aphasia after stroke? We need your help.

**Purpose of research study:** To test a new scale AND explore coping with stress and general well-being in people with aphasia

**To be included in this study,** you must meet the following criteria:

- Experienced stroke at least 6 months ago
- Have a diagnosis of aphasia
- Speak English as a primary language
- Be at least 21 years old
- Have at least a high school education

**Time commitment:** In-person: One session, 1.5 - 2 hours  
or  
If virtually: 2-3 sessions, each 30-45 minutes

**Research activities:** Complete a brief language test and several questionnaires about coping, stress, and well-being

**Location of research study:** At UD STAR Campus, in your home, or virtually via Zoom

**Potential benefits:** This research will help us create a measure of resilience for people with aphasia.

**Contact:** Aphasia & Rehab Outcomes Lab  
University of Delaware  
[AphasiaLab@udel.edu](mailto:AphasiaLab@udel.edu)  
302-831-1212

Email disclaimer: Information sent over email is not entirely confidential.

**NOTE: This is a RESEARCH study, not clinical care**







Have you had a stroke  
and have **trouble speaking**  
or **communicating (*aphasia*)**?

Researchers at UD are looking for people with **APHASIA** for a study about stress and language.

You will complete **tests of language and thinking**, and **questionnaires about stress, mood, and coping**.

**WHAT:** A research study about aphasia; 1-2 study sessions, about 2 hours total  
We follow safety requirements and offer Zoom sessions as needed

**WHERE:** **Virtual:** a quiet place in your home, on your computer or tablet  
OR  
**In-Person:** at UD STAR Campus or your home  
(as allowable, following safety requirements)

**WHEN:** We schedule at your convenience

**INTERESTED? CONTACT US FOR MORE INFO**

**CONTACT** UD Aphasia & Rehab Outcomes Lab  
(302) 831-1212 or [AphasiaLab@udel.edu](mailto:AphasiaLab@udel.edu)  
[www.UDAROLab.com](http://www.UDAROLab.com)

