

Brochures and Flyers

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Do you have difficulty speaking following your stroke?



BELVIDERE (Warren County) DATES: 2nd and 4th Wednesday of each month TIME: 10:00 a.m. - 12:00 p.m.

BRIDGEWATER (Somerset County)

DATES: 2nd and 4th Tuesday of each monthare meeting EO. 00 a.m. – 12:00 p.m. TIME: 1:00 p.m. – 3:00 p.m. Easy Access to/from PATHORIEN HAMMONITON HAMMONTON (Atlantic County) January - April 202 DATES: 2nd and 4th Friday of early

DATES: 2nd and 4th Friday of each months days 1:00 SCOTCH P TIME: 10:00 a.m. – 12:00 p.m. This group is in partnership with

MAYWOOD (Bergen County) DATES: Groups offered on 2 Fridays of each month, call for specific dates TIME: 10:00 a.m. – 12:00 p.m.

Join our Aphasia Communication Groups

MONROE TWP. (Middlesex County) DATES: 1st and 3rd Wednesday of each month TIME: 10:00 a.m. - 12:00 p.m.

MORRISTOWN (Mon's County) day of each month

> BERGEN (Hudson County) and 4th Thursday of each month ual group is facilitated in Spanish and English

SCOTCH PLAINS (Union County) DATES: 2nd and 4th Friday of each month TIME: 9:30 a.m. – 11:30 a.m.

TOMS RIVER (Ocean County) DATES: 1st and 3rd Friday of each month TIME: 9:30 a.m. – 11:30 a.m. AND 12:00 p.m. – 2:00 p.m.

To pre-register for all groups except Maywood, call 201.785.7089 or email Gretchen Szabo at gszabo@adleraphasiacenter.org. For the Maywood location, contact Karen Castka at 201.368.8585 to pre-register.

All locations are handicap accessible and pre-registration is required. I Please call ahead to confirm group meeting days, as dates occasionally change. All groups are facilitated by a staff speech-language pathologist. I Nominal charges may apply, depending on group location.



www.AdlerAphasiaCenter.org

Adler Aphasia Center is a 501 (c)(3) non-profit organization. ADLER APHASIA CENTER 60 WEST HUNTER AVENUE, MAYWOOD, NJ 07607 201.368.8585

ADLER APHASIA CENTER AT WEST ORANGE JCC METROWEST 760 NORTHFIELD AVENUE, WEST ORANGE, NJ 07052 973.530.3981

a•pha•sia (uh-fay'-zhuh) n.

A language disorder that impairs the expression and understanding of spoken language, reading, and writing. It occurs most often from a stroke or brain injury. This frustrating condition affects a person's ability to communicate, but does not affect his or her intellect.



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Virtual Aphasia Meet-Ups

(Virtually connect to other people with aphasia via Zoom)

These groups can:

- strengthen communication skills
- build relationships with other people with aphasia
- · provide an online community for support
- build self-esteem

Who can join?

• Open to people with aphasia who are <u>not</u> currently Adler members

Information about Groups:

- One hour groups will be held on Wednesdays and Thursdays
- Participants will be e-mailed when additional sessions are available

Fee:

- There will be a non-refundable fee of approximately \$5.75 per session
- Fee will be due when you sign-up

How to Sign Up:

 Sign up online by going to: https://www.signupgenius.com/go/904044ba5ad23abf49-free1

After Signing Up:

- You will receive a confirmation e-mail with instructions on how to connect to the meetings
- The day before the group, you will receive a reminder e-mail with the Zoom link

**Please provide an accurate e-mail address. The Zoom link for these sessions will be sent to the e-mail address provided.

If you still have questions:

- Phone: 201-368-8585
- Email: info@adleraphasiacenter.org

Adler Aphasia Center is a non-profit 501 (c) (3) organization.

Support Groups

A list of Aphasia Support Groups in Delaware



<u> Aphasia Brew Crew - U. of Delaware</u>

A conversation coffee house for individuals with aphasia and their care partners.

When? Tuesdays, Weekly 11:30am – 12:30pm

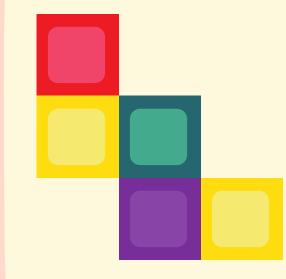
aphasiaUD@udel.edu



<u>Aphasia Movie Club - U. of Delaware</u>

Watch the movie of the week on your own and participate in a lively discussion!

When? Fridays, Every two weeks 11:30am – 12:30pm aphasiaUD@udel.edu



Great Games - U. of Delaware

A space for individuals with aphasia and their care partners to play fun games! When? Fridays, Every two weeks 11:30am – 12:30pm aphasiaUD@udel.edu

Aphasia Education Group - ChristianaCare

Practice communication and participate in discussions centered around aphasia.

When? 1st Wednesday of the month 12:00pm - 12:30pm mmyers@christianacare.org

<u> Aphasia Book Club (Zoom) - ChristianaCare</u>

Discuss your favorite books with other individuals with

aphasia.

When? Mondays at 12:15pm -1:15pm

mmyers@christianacare.org

Virtual Variety Hour

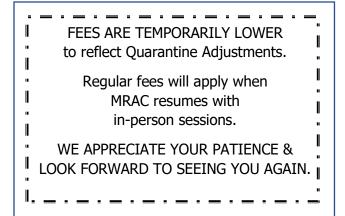
Date: Wednesdays, 11am to 12pm

Group Facilitator: Sharon Antonucci

Cost: No Charge

Description: ZOOM on in and observe or participate in our weekly activities. Some of our themes are Games, Movie Discussions, Music, Photo Memories and more!





Virtual Aphasia Center General Information

1) People living with aphasia and their cosurvivors are eligible to participate in our programs. A recent speech report will be requested to determine group placement.

2) Classes are filled on a first-come, first served basis. If classes are not full, late sign-up will be pro-rated.

3) Personal absences cannot be made up. If the Aphasia Center cancels a group, it will be made up.

4) MRAC takes personal security very seriously. Virtual participation limits some of our controls. We send each member a separate link for each session for which they are registered. PLEASE do <u>not</u> forward meeting information without MRAC's authorization. Unexpected attendees will not be admitted.

5) Participants must be independent or personally assisted and have access to and general comfort with using a phone, tablet, or a computer.

6) AT THIS TIME, fees are being accrued, and private payment arrangements will be individually. Scholarships are available if fees present a hardship. Payment arrangements can be made with Nikki Benson at 267.607.3363.

-VIRTUAL-Aphasia Activity Center Programs



July thru September

Aphasia Activity Center Programs are held:

On a Phone, Computer or Device near you

MossRehab Aphasia Center 50 Township Line Rd, 3rd Floor Elkins Park, PA 19027

Contact Nikki Benson with questions:

215-663-6344

or

BensonWN@einstein.edu



Constance Sheerr-Kittner Virtual Conversation Café

Therapist Led Conversation Groups

Dates: Mondays, July 5th thru Sep 20th Tuesdays, July 6th thru Sep 21st *Summer Siesta in August

Group Facilitator: Karen R. Cohen, Speech Language Pathologist

Cost: \$92.00 (8 Sessions)

Description: Do you want to have some fun while tuning up your communication skills? Then join our Connie Kittner Conversation Café. Group members are given the opportunity to have their voices heard in a supportive environment while enjoying light refreshment. Sessions provide opportunities for adult conversation and social interaction, while encouraging the use of successful and effective communication techniques and strategies for coping with aphasia and enjoying life.



Placement for groups is determined by the group Facilitator. If interested, please contact Nikki Benson to complete a registration packet. Call 215-663-6344 or email BensonWN@einstein.edu.



Description: Do you want to: Learn more about programs available on the computer and through the Internet? Email family and friends? Practice speech and language skills one-on-one?

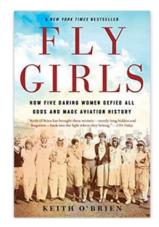
Individuals who have completed speech therapy and have targeted goals for continued self-study may be eligible to participate in one-on-one computer practice with guidance and support by a trained volunteer under the supervision of a speech-language pathologist. Group classes may be offered during the year and will be advertised as they become available.

Eligibility: New participants in the Computer Lab will be asked to provide a recent speech therapy report or participate in a screening.

Individuals are scheduled as openings become available.

Virtual Talking Book Club

Fly Girls: How Five Daring Women Defied All Odds & Made Aviation History



Dates: Sep 13th thru Dec 20th

Cost: \$125 (12 Sessions)

*During quarantine, members need to order their own book and audio tape (if needed).

Group Facilitator: Karen R. Cohen, Speech Language Pathologist

Description: Would you enjoy the pleasure of reading and discussing the books that others are talking about? Then try our "Talking Book Club" which uses books on tape, weekly meetings, notes with corresponding print books. Another effective technique to enhance your language skills.

Eligibility: Members must be authorized by Karen Cohen, Group Facilitator & SLP. Please contact MRAC for more details.

Philadelphia Aphasia Community at Temple (PACT) Winter/Spring 2021

Advocacy Group

When: Wednesday 12:00 - 1:00, February 3 - April 15

What: Group members will collaboratively plan educational lectures about aphasia and other methods to raise aphasia awareness.

Spirituality Group

When: Wednesdays 1:30 – 2:15, February 3 – April 14 *What*: Discuss how you find meaning in the world. This is a non-denominational group. Some, but not all, readings are from religious texts.

Book Group

When: Wednesdays 2:30 – 3:15, February 3 – April 14

What: Read (and/or listen to) and discuss a book in a supportive environment. We will be reading *Identity theft: Rediscovering ourselves after stroke* by Debra Meyerson.

Conversation Hour at Temple (CHAT)

When: Thursday 10:30 - 11:30, February 4 – April 15 *What*: Chat with friends in a supportive environment.

PACT Music Group

When: Thursday 12:00 – 1:00, February 4 – April 15What: Listen to, create, and sing songs in a supportive environment. We will also discuss music and its impact on our lives.

Games

When: Thursday 1:30 – 2:30, February 4 – April 15 *What*: We will play games in a competitive but fun environment.

Second Saturday Group – Open to all!

When: Second Saturday of the Month, 11:00-12:00

What: Talk to other people affected by aphasia and connect with local and national resources. People with aphasia, their family, and their friends are welcome. No need to register.

All groups will be held online via Zoom, a video conferencing service.

High speed internet and the use of a laptop, desktop computer or tablet is recommended for the best experience. You can also join using a cell phone or landline.

For more information or to learn how to participate, contact Gayle DeDe at gayle.dede@temple.edu or (215) 204-2453.

Philadelphia Aphasia Community at Temple Second Saturday Group

Time: 11:00 – 12:00

Winter-Spring 2021 Dates

December 12 January 9 February 13 March 13 April 10 May 8 June 12 July 10

Groups will be held via Zoom, a video conferencing service, until further notice.

To join Zoom meeting

https://temple.zoom.us/j/96296922706

Meeting ID: 962 9692 2706

To join by phone:

- 1. One touch on your cell phone: +19292056099,,96296922706#
- 2. Or dial +1 929 205 6099 and enter the meeting ID.

All people with aphasia, their family, and friends are welcome! You do not need to register.

Please support PACT! We offer our programs at no cost to participants. Donations of any size help.

For more information or to learn how to participate, contact Gayle DeDe at gayle.dede@temple.edu or (215) 204-2453.

UNIVERSITY OF DELAWARE HEALTH

UD Aphasia Summer Intensive Program

DATES:

June 8th - 25th, 2021 OR July 6th - 23rd, 2021

TIME:

4-5 hours per day4 days per weekfor 3 weeks

LOCATION:

Virtual (option for in-person may become available)

For more information, CONTACT JULIE MCCAULEY mccauley@udel.edu

CALL FOR PARTICIPANTS

The University of Delaware Speech-Language-Hearing-Clinic is looking for participants with aphasia who are interested in an intensive therapy schedule.

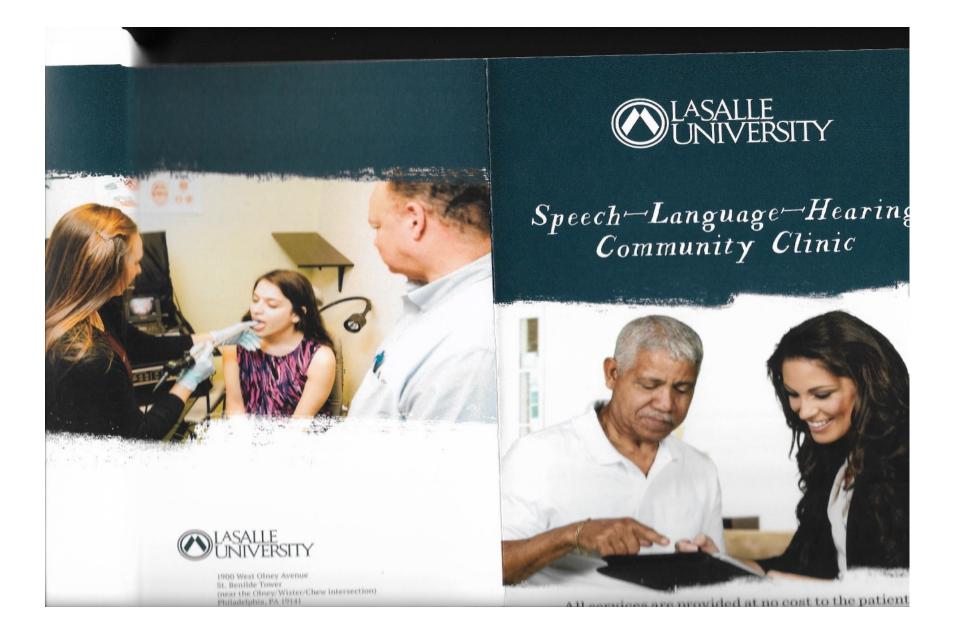
Program Details:

- For adults with difficulty communicating (aphasia) after stroke or brain injury.
- Pre-therapy assessment will take place along with client and caregiver interview to determine goals for intervention.
- Participants will receive a combination of individual and group services.
- Financial assistance is available for costs not covered by insurance.

Submit an interest form here.



sites.udel.edu/slh-clinic



Being able to communicate with others is critically important to quality of life. People who struggle when speaking – perhaps they stutter, have had a stroke, or can't pronounce words clearly – can feel isolated, and struggle at work, school, or with friends.

Speech pathology graduate students at La Salle's Speech-Language-Hearing Community Clinic, along with their licensed, certified instructors, work with both children and adults who may have trouble reading and writing, as well as speaking.

They assess speech, discuss details with family (for pediatric patients), create a treatment plan, and follow through with the necessary therapy. They also counsel parents and family members on how to reinforce treatment at home. Treatment for speech disorders involves a lot of practice, and family members play an important role. **All Clinic services are provided at no cost to the patient.**

> WE CAN HELP WITH THE FOLLOWING:

- Slurred speech after a stroke
- Difficulty pronouncing words, being understood
- Incoherent speech or trouble finding the right words
- Children who start talking late
- Swallowing problems
- Stuttering
- Hoarse voice, constant laryngitis
- Unable to speak after brain injury
- Difficulty reading/writing after a stroke
- Risks associated with autism spectrum disorder or development syndrome
 - Difficulty understanding language or speaking after a stroke

LOCATION AND HOURS:

We are conveniently located on the second floor of St. Benilde Tower on La Salle University's Northwest Philadelphia campus – near the intersection of Wister/ Chew/Olney. The Clinic is open throughout the year with day and evening hour Call 215.951.1888 to schedule an appointment.

COST:

Even if you have no health coverage, or if your health plan benefits have run out, we can help. **All services are provided at** *no cost to the patient or family.*

HAS A STROKE LEFT YOU OR A LOVED ONE Speechless?

You may be eligible to participate in a new clincial trial

The Laboratory for Cognition and Neural Stimulation (LCNS) is looking for persons with **aphasia** caused by stroke. **Aphasia** is a language disorder that affects one's ability to communicate. This clinical trial uses Transcranial Magnetic Stimulation (TMS) combined with language therapy to investigate language recovery. TMS is a safe approach that uses magnetic pulses to modify the activity of small regions of the brain from outside the head.



Are you eligible? Must have/be:

- Ages 18-80
- Had a stroke which occurred at least 6 months ago
- Native English speaker

Cannot have/be:

- Had a seizure within the past 6 months
- History of psychiatric hospitalizations
- $\circ~$ Persistent ringing in the ears
- Pregnant or have plans to become pregnant
- Current abuse of drugs or alcohol

** To qualify, must meet with a neurologist to discuss medical history. Also, must meet with speech therapist to determine language ability



Participants will receive:

 \$15.00 per hour for treatment and testing as well as reimbursement of up to \$50.00 for transportation costs per visit

Visit Breakdown:

This trial has 22 visits over a 6 month span

- Visits 1-5: Includes Medical Screening,
- Baseline Language Testing, and an MRI
- Visits 6-16: Treatment
- Visits 17-22: Follow-up Language
- Assessments and an MRI

** During our trial, you must refrain from additional speech therapy

For more information, call or email a member of the study team: braintms@pennmedicine.upenn.edu 215-573-4336

https://www.med.upenn.edu/lcns/





CILT+HD-tDCS As A Potential Therapy for Primary Progressive Aphasia

About the study:

Primary Progressive Aphasia, or PPA, is a condition that affects language abilities. A person with PPA may have difficulties speaking, understanding speech, reading, or writing, and these difficulties worsen over time.

The purpose of this study is to determine whether a form of non-invasive brain stimulation called High-Definition Transcranial Direct Current Stimulation (or HD-tDCS) can be used as a therapeutic technique, in combination with Constraint-Induced Language Therapy (CILT) to improve the language symptoms of PPA.

HD-TDCS uses a mild electrical current, about the same strength as a 9-volt battery, to stimulate regions of the brain from outside the head. This is performed using small electrodes placed inside gel-filled capsules on the scalp using an elastic cap that help conduct the electrical signal into the brain. HD-tDCS changes how responsive certain regions of the brain can be (i.e., more or less responsive).

CILT is a form of speech therapy that focuses on improving speech production in everyday life. During the study, you will do some language testing to assess your current performance. Then, during the therapy, you will start at this level. We will change the therapy as you improve in order to make sure you have the best chance of increasing your language skills.

This study will use HD-tDCS combined with CILT to try to increase how responsive the language areas of the brain can be, in order to determine whether this type of stimulation can help enhance the benefits of CILT.

For more information, contact the study coordinator: Christopher Haslam CHaslam@pennmedicine.upenn.edu

Who may be eligible to participate?

- Ages 45-80 years old
- Must have aphasia due to Primary Progressive Aphasia
- Native English speaker

Visit Breakdown:

Participants will be asked to STOP all speech & language therapies outside of study participation.

Compensation:

Participants will be compensated for their time & travel.

Treatment of Communication Difficulties in Alzheimer's Disease: A TMS and Speech Language Therapy Study

Who may be eligibile to participate?

Individuals who are 50-85 years old with a diagnosis of mild to moderate AD

Native English speakers

Ability to attend and participate in all study visits

NOT have a history of stroke, seizure, or other significant neurological or medical disease

What happens during study visits?

3 baseline visits for cognitive testing and an MRI scan

10 (Monday-Friday) treatment visits with TMS (real or sham) & speech language therapy

Follow-up visits at 6 weeks and 12 weeks after treatment

Compensation

Participants will be compensated for time and travel.

Consent

Before enrolling, the participant and study partner must read, understand, and sign a formal consent form which fully explains the study.

For more information, contact Daniela Sacchetti, MS
danielas@pennmedicine.upenn.edu
215-573-8485

The Laboratory for Cognition and Neural Stimulation (LCNS) at the University of Pennsylvania and the Penn Memory Center (PMC) are partnering on a new study.

We are interested in pairing non-invasive brain stimulation (TMS – Transcranial Magnetic Stimulation) with speech language therapy to improve communication impairments in patients with mild to moderate Alzheimer's disease (AD).

The study also aims to further understanding of how AD affects language systems in the brain.



Penn Memory Center University of Pennsylvania Health System

> **Principal Investigator:** H. Branch Coslett, MD, William N. Kelley Professor of Neurology

Take Part in Our Research

Are you an individual with a history of aphasia?

We are seeking persons with aphasia to participate in our research and/or enroll in one of our aphasia treatment programs. The study consists of testing your speech, language, memory and organization.

Are you a doctor, researcher or clinician in the field?

Your patients may be eligible for participation in our studies.

Are you a healthy adult interested in participating?

We are seeking healthy older adults to participate in our research to better understand the language, memory, and organizational problems that may occur when someone has a stroke.

Are you a student interested in volunteering?

Please visit our website at www.saffrancenter.com and fill out the student application or email us at saffrancenter@temple.edu for more information.



Center Location

Temple University College of Public Health Department of Communication Sciences & Disorders 983 Ritter Annex 1301 Cecil B. Moore Avenue Philadelphia, PA 19122



Mailing Address

Eleanor M. Saffran Center for Cognitive Neuroscience 110 Weiss Hall 1701 N 13th Street Philadelphia, Pa 19121

Phone: 215-204-4350 **Fax:** 215-204-6334 **E-mail:** saffrancenter@temple.edu



APHASIA REHABILITATION RESEARCH LABORATORY

Temple University Informational Brochure



www.saffrancenter.com



Nadine Martin, Ph.D.

Nadine Martin, Ph.D. is a Professor of Communication Sciences and Disorders at Temple University and serves as the Director of *The Eleanor M. Saffran Center for Cognitive Neuroscience.* Her research on language and verbal short-term memory abilities in aphasia, supported by the National Institutes of Health (NIH), has contributed greatly to both theoretical and applied models of aphasia

rehabilitation.



Our Lab

Researchers, clinicians and students in this laboratory work together to investigate the relationships among language and short-term memory impairments associated with aphasia. Stroke and progressive neurological disorders often lead to changes in language and other cognitive functions. The knowledge we gain through the study of these changes is used to develop better diagnostic measures and more

effective treatments for aphasia. Our aim is to find ways to improve the overall communication abilities, and consequently, the quality of life, for people with aphasia.

Research

The tests and treatments we offer are experimental, and are based on the latest knowledge of language and cognitive difficulties associated with aphasia.

Diagnostic

- ♦ Temple Assessment of Language and Verbal Short Term Memory in Aphasia (TALSA)
 - The TALSA test battery carefully evaluates language and verbal short term memory abilities in individuals with aphasia.

Treatment

- Here at the laboratory, we have strategically developed treatment approaches for many areas of language and verbal STM, including:
 - Word and sentence production
 - Word and sentence comprehension
 - Holding onto words in memory
 - Improving conversational skills



Why Get Involved?

There are many reasons to get involved with research in our laboratory. With your participation, we can determine if the treatment within our research program is effective and reliable in language and verbal short-term memory rehabilitation. Take advantage of the opportunity the laboratory has to offer:

- Practice your language and shortterm memory abilities
- Improve your ability to communicate with others
- Become a part of a supportive and interactive aphasia community
- Help improve rehabilitation methods for aphasia and other language disorders that occur after stroke or other neurological disorders

Please see backside for details on how to get involved with the Aphasia Rehabilitation Research Laboratory





GET PAID FOR LANGUAGE AND MEMORY RESEARCH

The Aphasia Rehabilitation Research Laboratory at Temple University is seeking participants for online and in-person studies of language and memory.

LOCATION

- Your home via computer
 - No computer skills necessary a researcher will facilitate instruction
- Our lab at Temple University
 - Extensive safety procedures are in place for in-person appointments

ELIGIBILITY REQUIREMENTS

- Age 18 or older
- Native English speaker
- Healthy adults and those with a diagnosis of aphasia or mild cognitive impairment

PAYMENT

• \$10/hour; \$10 transportation (for on-site sessions)

Contact us at <u>emslab@temple.edu</u> or call us at 215-204-4350.

