



Brochures and Flyers

Community Groups:

Adler Aphasia Center.....	Page 2
Delaware Support Groups.....	Page 3
MossRehab Aphasia Center.....	Pages 4-5
Philadelphia Aphasia Community at Temple (PACT).....	Pages 6-7

University Clinics:

University of Delaware Summer Intensive.....	Page 8
La Salle University	Pages 9-10

Research Programs:

Penn Medicine Laboratory for Cognition and Neural Stimulation.....	Pages 11-13
Temple University Aphasia Rehabilitation Research Laboratory.....	Pages 14-16

Do you have difficulty speaking following your stroke?



Join our Aphasia Communication Groups

BELVIDERE (Warren County)

DATES: 2nd and 4th Wednesday of each month

TIME: 10:00 a.m. – 12:00 p.m.

BRIDGEWATER (Somerset County)

DATES: 2nd and 4th Wednesday of each month

TIME: 9:30 a.m. – 11:30 a.m.

HADDONFIELD (Camden County)

DATES: 2nd and 4th Tuesday of each month

TIME: 1:00 p.m. – 3:00 p.m.

Easy Access to/from I-76 Exit 10

HAMMONTON (Atlantic County)

DATES: 2nd and 4th Friday of each month

TIME: 10:00 a.m. – 12:00 p.m.

This group is in partnership with Stockton University

MAYWOOD (Bergen County)

DATES: Groups offered on 2 Fridays of each month, call for specific dates

TIME: 10:00 a.m. – 12:00 p.m.

MONROE TWP. (Middlesex County)

DATES: 1st and 3rd Wednesday of each month

TIME: 10:00 a.m. – 12:00 p.m.

MORRISTOWN (Morris County)

DATES: 1st and 3rd Friday of each month

TIME: 10:00 a.m. – 12:00 p.m.

NORTH BERGEN (Hudson County)

DATES: 2nd and 4th Thursday of each month

TIME: 10:00 a.m. – 12:00 p.m.

This bilingual group is facilitated in Spanish and English

SCOTCH PLAINS (Union County)

DATES: 2nd and 4th Friday of each month

TIME: 9:30 a.m. – 11:30 a.m.

TOMS RIVER (Ocean County)

DATES: 1st and 3rd Friday of each month

TIME: 9:30 a.m. – 11:30 a.m. **AND** 12:00 p.m. – 2:00 p.m.

All groups are meeting on Zoom
January - April 2021
Tuesdays 1:00 - 2:00 PM

To pre-register for all groups except Maywood, call 201.785.7089
or email Gretchen Szabo at gszabo@adleraphasiacenter.org.

For the Maywood location, contact Karen Castka at 201.368.8585 to pre-register.

All locations are handicap accessible and pre-registration is required. | Please call ahead to confirm group meeting days, as dates occasionally change.

All groups are facilitated by a staff speech-language pathologist. | Nominal charges may apply, depending on group location.



www.AdlerAphasiaCenter.org

Adler Aphasia Center is a
501 (c)(3) non-profit organization.

ADLER APHASIA CENTER

60 WEST HUNTER AVENUE, MAYWOOD, NJ 07607
201.368.8585

ADLER APHASIA CENTER AT WEST ORANGE

JCC METROWEST
760 NORTHFIELD AVENUE, WEST ORANGE, NJ 07052
973.530.3981

a•pha•sia (uh-fay'-zhuh) n.

A language disorder that impairs the expression and understanding of spoken language, reading, and writing. It occurs most often from a stroke or brain injury. This frustrating condition affects a person's ability to communicate, but does not affect his or her intellect.

Support Groups

A list of Aphasia Support Groups in Delaware



Aphasia Brew Crew - U. of Delaware

A conversation coffee house for individuals with aphasia and their care partners.

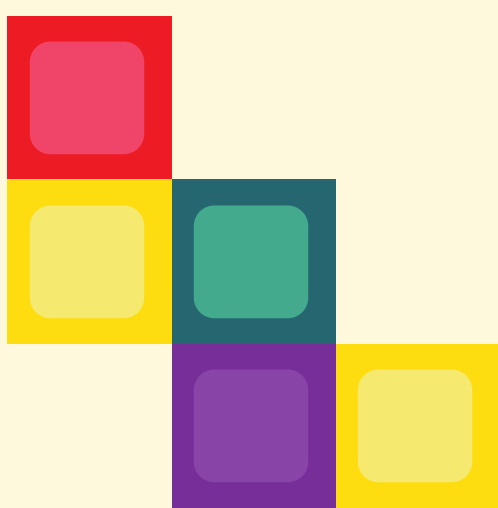
When? Tuesdays, Weekly 11:30am – 12:30pm
aphasiaUD@udel.edu



Aphasia Movie Club - U. of Delaware

Watch the movie of the week on your own and participate in a lively discussion!

When? Fridays, Every two weeks 11:30am – 12:30pm
aphasiaUD@udel.edu



Great Games - U. of Delaware

A space for individuals with aphasia and their care partners to play fun games!

When? Fridays, Every two weeks 11:30am – 12:30pm
aphasiaUD@udel.edu



Aphasia Education Group - ChristianaCare

Practice communication and participate in discussions centered around aphasia.

When? 1st Wednesday of the month 12:00pm - 12:30pm
mmyers@christianacare.org



Aphasia Book Club (Zoom) - ChristianaCare

Discuss your favorite books with other individuals with aphasia.

When? Mondays at 12:15pm - 1:15pm
mmyers@christianacare.org

Virtual Variety Hour

Date: Wednesdays, 11am to 12pm

Group Leader: Sharon Antonucci

Cost: No Charge

Description: ZOOM on in and observe or participate in our weekly activities. Some of our themes are Games, Movie Discussions, Music, Photo Memories and more!



FEES ARE TEMPORARILY LOWER
to reflect Quarantine Adjustments.

Regular fees will apply when
MRAC resumes with
in-person sessions.

WE APPRECIATE YOUR PATIENCE &
LOOK FORWARD TO SEEING YOU AGAIN.

Virtual Aphasia Center General Information

1) People living with aphasia and their co-survivors are eligible to participate in our programs. A recent speech report will be requested to determine group placement.

2) Classes are filled on a first-come, first served basis. If classes are not full, late sign-up will be pro-rated.

3) Personal absences cannot be made up. If the Aphasia Center cancels a group, it will be made up.

4) MRAC takes personal security very seriously. Virtual participation limits some of our controls. We send each member a separate link for each session for which they are registered. PLEASE do not forward meeting information without MRAC's authorization. Unexpected attendees will not be admitted.

5) Participants must be independent or personally assisted and have access to and general comfort with using a phone, tablet, or a computer.

6) AT THIS TIME, fees are being accrued, and private payment arrangements will be individually. Scholarships are available if fees present a hardship. Payment arrangements can be made with Nikki Benson at 267.607.3363.

-VIRTUAL- Aphasia Activity Center Programs

SPRING 2021

April thru June

**Aphasia Activity Center
Programs are held:**

**On a Phone, Computer or
Device near you**

MossRehab Aphasia Center
50 Township Line Rd, 3rd Floor
Elkins Park, PA 19027

**Contact Nikki Benson
with questions:**

215-663-6344

or

BensonWN@einstein.edu

 **MossRehab**
EINSTEIN HEALTHCARE NETWORK

Constance Sheerr Kittner Virtual Conversation Café

Therapist Led Conversation Groups

Dates: Mondays, Apr 5th thru June 22nd
Tuesdays, Apr 6th thru June 23rd

Group Leader: Karen R. Cohen,
Speech Language Pathologist

Cost: \$115.00 (10 Sessions)

Description: Do you want to have some fun while tuning up your communication skills? Then join our Connie Kittner Conversation Café. Group members are given the opportunity to have their voices heard in a supportive environment while enjoying light refreshment. Sessions provide opportunities for adult conversation and social interaction, while encouraging the use of successful and effective communication techniques and strategies for coping with aphasia and enjoying life.



Placement for groups is determined by the group leader. If interested, please contact Nikki Benson to complete a registration packet. Call 215-663-6344 or email BensonWN@einstein.edu.

Computer Lab



Dates: Call 215-663-6344

Times: By appointment only

CALL IF INTERESTED (Members)
We may be able to accommodate virtual training pending member needs.
\$ (Members)
\$ (Members)
(Available if schedule permits)

Description: Do you want to: Learn more about programs available on the computer and through the Internet? Email family and friends? Practice speech and language skills one-on-one?

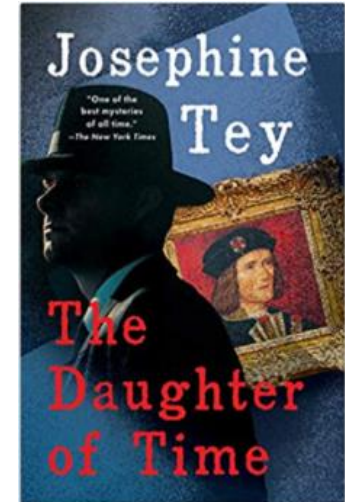
Individuals who have completed speech therapy and have targeted goals for continued self-study may be eligible to participate in one-on-one computer practice with guidance and support by a trained volunteer under the supervision of a speech-language pathologist. Group classes may be offered during the year and will be advertised as they become available.

Eligibility: New participants in the Computer Lab will be asked to provide a recent speech therapy report or participate in a screening.

Individuals are scheduled as openings become available.

Virtual Talking Book Club

The Daughter of Time



Dates: Mondays, Apr 5th thru June 22nd

Cost: \$125 (12 Sessions)

*During quarantine, members need to order their own book and audio tape (if needed).

Group Leader: Karen R. Cohen,
Speech Language Pathologist

Description: Would you enjoy the pleasure of reading and discussing the books that others are talking about? Then try our "Talking Book Club" which uses books on tape, weekly meetings, notes with corresponding print books. Another effective technique to enhance your language skills.

Eligibility: Members must be authorized by Karen Cohen, Group Leader & SLP. Please contact MRAC for more details.

Philadelphia Aphasia Community at Temple (PACT) Winter/Spring 2021

Advocacy Group

When: Wednesday 12:00 – 1:00, February 3 – April 15

What: Group members will collaboratively plan educational lectures about aphasia and other methods to raise aphasia awareness.

Spirituality Group

When: Wednesdays 1:30 – 2:15, February 3 – April 14

What: Discuss how you find meaning in the world. This is a non-denominational group. Some, but not all, readings are from religious texts.

Book Group

When: Wednesdays 2:30 – 3:15, February 3 – April 14

What: Read (and/or listen to) and discuss a book in a supportive environment. We will be reading *Identity theft: Rediscovering ourselves after stroke* by Debra Meyerson.

Conversation Hour at Temple (CHAT)

When: Thursday 10:30 - 11:30, February 4 – April 15

What: Chat with friends in a supportive environment.

PACT Music Group

When: Thursday 12:00 – 1:00, February 4 – April 15

What: Listen to, create, and sing songs in a supportive environment. We will also discuss music and its impact on our lives.

Games

When: Thursday 1:30 – 2:30, February 4 – April 15

What: We will play games in a competitive but fun environment.

Second Saturday Group – Open to all!

When: Second Saturday of the Month, 11:00-12:00

What: Talk to other people affected by aphasia and connect with local and national resources. People with aphasia, their family, and their friends are welcome. No need to register.

All groups will be held online via Zoom, a video conferencing service.

High speed internet and the use of a laptop, desktop computer or tablet is recommended for the best experience. You can also join using a cell phone or landline.

For more information or to learn how to participate, contact Gayle DeDe at gayle.dede@temple.edu or (215) 204-2453.

Philadelphia Aphasia Community at Temple Second Saturday Group

Time: 11:00 – 12:00

Winter-Spring 2021 Dates

December 12

April 10

January 9

May 8

February 13

June 12

March 13

July 10

Groups will be held via Zoom, a video conferencing service, until further notice.

To join Zoom meeting

<https://temple.zoom.us/j/96296922706>

Meeting ID: 962 9692 2706

To join by phone:

1. One touch on your cell phone: +19292056099,,96296922706#
2. Or dial +1 929 205 6099 and enter the meeting ID.

All people with aphasia, their family, and friends are welcome! You do not need to register.

Please support PACT! We offer our programs at no cost to participants. Donations of any size help.

For more information or to learn how to participate, contact Gayle DeDe at gayle.dede@temple.edu or (215) 204-2453.



UNIVERSITY OF DELAWARE

HEALTH

UD Aphasia Summer Intensive Program

DATES:

June 8th - 25th, 2021

OR

July 6th - 23rd, 2021

TIME:

4-5 hours per day

4 days per week

for 3 weeks

LOCATION:

Virtual

(option for in-person may become available)

For more information,
CONTACT JULIE MCCAULEY
mccauley@udel.edu

CALL FOR PARTICIPANTS

The University of Delaware Speech-Language-Hearing-Clinic is looking for participants with aphasia who are interested in an intensive therapy schedule.

Program Details:

- For adults with difficulty communicating (aphasia) after stroke or brain injury.
- Pre-therapy assessment will take place along with client and caregiver interview to determine goals for intervention.
- Participants will receive a combination of individual and group services.
- Financial assistance is available for costs not covered by insurance.

Submit an interest form here.



SCAN ME

sites.udel.edu/slh-clinic



*Speech—Language—Hearing
Community Clinic*



1900 West Olney Avenue
St. Benilde Tower
(near the Olney/Wister/Chew intersection)
Philadelphia, PA 19141

All services are provided at no cost to the patient



Being able to communicate with others is critically important to quality of life. People who struggle when speaking – perhaps they stutter, have had a stroke, or can't pronounce words clearly – can feel isolated, and struggle at work, school, or with friends.

Speech pathology graduate students at La Salle's Speech-Language-Hearing Community Clinic, along with their licensed, certified instructors, work with both children and adults who may have trouble reading and writing, as well as speaking.

They assess speech, discuss details with family (for pediatric patients), create a treatment plan, and follow through with the necessary therapy. They also counsel parents and family members on how to reinforce treatment at home. Treatment for speech disorders involves a lot of practice, and family members play an important role. **All Clinic services are provided at no cost to the patient.**

> WE CAN HELP WITH THE FOLLOWING:

- Slurred speech after a stroke
- Difficulty pronouncing words, being understood
- Incoherent speech or trouble finding the right words
- Children who start talking late
- Swallowing problems
- Stuttering
- Hoarse voice, constant laryngitis
- Unable to speak after brain injury
- Difficulty reading/writing after a stroke
- Risks associated with autism spectrum disorder or developmental syndrome
- Difficulty understanding language or speaking after a stroke

LOCATION AND HOURS:

We are conveniently located on the second floor of St. Benilde Tower on La Salle University's Northwest Philadelphia campus – near the intersection of Wister/Chew/Olney. The Clinic is open throughout the year with day and evening hours. Call 215.951.1888 to schedule an appointment.

COST:

Even if you have no health coverage, or if your health plan benefits have run out, we can help. **All services are provided at no cost to the patient or family.**

HAS A STROKE LEFT YOU OR A LOVED ONE SPEECHLESS?

You may be eligible to participate in a new clinical trial

The Laboratory for Cognition and Neural Stimulation (LCNS) is looking for persons with **aphasia** caused by stroke. **Aphasia** is a language disorder that affects one's ability to communicate. This clinical trial uses Transcranial Magnetic Stimulation (TMS) combined with language therapy to investigate language recovery. TMS is a safe approach that uses magnetic pulses to modify the activity of small regions of the brain from outside the head.



Are you eligible?

Must have/be:

- Ages 18-80
- Had a stroke which occurred at least 6 months ago
- Native English speaker

Cannot have/be:

- Had a seizure within the past 6 months
- History of psychiatric hospitalizations
- Persistent ringing in the ears
- Pregnant or have plans to become pregnant
- Current abuse of drugs or alcohol

** To qualify, must meet with a neurologist to discuss medical history. Also, must meet with speech therapist to determine language ability

Participants will receive:

- \$15.00 per hour for treatment and testing as well as reimbursement of up to \$50.00 for transportation costs per visit

Visit Breakdown:

This trial has 22 visits over a 6 month span

- Visits 1-5: Includes Medical Screening, Baseline Language Testing, and an MRI
- Visits 6-16: Treatment
- Visits 17-22: Follow-up Language Assessments and an MRI

** During our trial, you must refrain from additional speech therapy

For more information, call or email a member of the study team:

braintms@penntmedicine.upenn.edu
215-573-4336

CILT+HD-tDCS As A Potential Therapy for Primary Progressive Aphasia

About the study:

Primary Progressive Aphasia, or PPA, is a condition that affects language abilities. A person with PPA may have difficulties speaking, understanding speech, reading, or writing, and these difficulties worsen over time.

The purpose of this study is to determine whether a form of non-invasive brain stimulation called High-Definition Transcranial Direct Current Stimulation (or HD-tDCS) can be used as a therapeutic technique, in combination with Constraint-Induced Language Therapy (CILT) to improve the language symptoms of PPA.

HD-TDCS uses a mild electrical current, about the same strength as a 9-volt battery, to stimulate regions of the brain from outside the head. This is performed using small electrodes placed inside gel-filled capsules on the scalp using an elastic cap that help conduct the electrical signal into the brain. HD-tDCS changes how responsive certain regions of the brain can be (i.e., more or less responsive).

CILT is a form of speech therapy that focuses on improving speech production in everyday life. During the study, you will do some language testing to assess your current performance. Then, during the therapy, you will start at this level. We will change the therapy as you improve in order to make sure you have the best chance of increasing your language skills.

This study will use HD-tDCS combined with CILT to try to increase how responsive the language areas of the brain can be, in order to determine whether this type of stimulation can help enhance the benefits of CILT.

Who may be eligible to participate?

- Ages 45-80 years old
- Must have aphasia due to Primary Progressive Aphasia
- Native English speaker

Visit Breakdown:

Visit 1 - Enrollment & Screening
Visit 2- Baseline MRI
Visit 3 & 4 - Baseline Language Assessment
Visit 5 - 14 - Therapy
Visit 16 - 18 - Immediate Follow-up
Visit 19 & 20 - 6 week Follow-up
Visit 21-24 - 12 week Follow-up
*****CROSSOVER*****
Visit 25 - Baseline Language Assessment
Visit 26-35 - Therapy
Visit 36-38 - Immediate Follow-up
Visit 39 & 40 - 6 week Follow-up
Visit 41-43 - 12 week Follow-up

Participants will be asked to STOP all speech & language therapies outside of study participation.

Compensation:

Participants will be compensated for their time & travel.

For more information, contact the study coordinator: Christopher Haslam
CHaslam@pennteam.upenn.edu



Treatment of Communication Difficulties in Alzheimer's Disease: A TMS and Speech Language Therapy Study

Who may be eligible to participate?

Individuals who are
50-85 years old
with a diagnosis of
mild to moderate AD

Native English speakers

Ability to attend
and participate
in all study visits

NOT have a history
of stroke, seizure, or other
significant neurological
or medical disease

What happens during study visits?

3 baseline visits for cognitive
testing and an MRI scan

10 (Monday-Friday)
treatment visits with
TMS (real or sham)
& speech language therapy

Follow-up visits at 6 weeks
and 12 weeks after treatment

Compensation

Participants will be
compensated for
time and travel.

Consent

Before enrolling, the participant and study partner
must read, understand, and sign a formal consent form
which fully explains the study.

The Laboratory for Cognition and Neural Stimulation (LCNS) at the University of Pennsylvania and the Penn Memory Center (PMC) are partnering on a new study.

We are interested in pairing non-invasive brain stimulation (TMS – Transcranial Magnetic Stimulation) with speech language therapy to improve communication impairments in patients with mild to moderate Alzheimer's disease (AD).

The study also aims to further understanding of how AD affects language systems in the brain.



For more information, contact Daniela Sacchetti, MS

✉ danielas@pennteam.upenn.edu

☎ 215-573-8485

Principal Investigator:
H. Branch Coslett, MD,
William N. Kelley
Professor of Neurology

Take Part in Our Research

Are you an individual with a history of aphasia?

We are seeking persons with aphasia to participate in our research and/or enroll in one of our aphasia treatment programs. The study consists of testing your speech, language, memory and organization.

Are you a doctor, researcher or clinician in the field?

Your patients may be eligible for participation in our studies.

Are you a healthy adult interested in participating?

We are seeking healthy older adults to participate in our research to better understand the language, memory, and organizational problems that may occur when someone has a stroke.

Are you a student interested in volunteering?

Please visit our website at www.saffrancenter.com and fill out the student application or email us at saffrancenter@temple.edu for more information.



Center Location

Temple University
College of Public Health
Department of Communication
Sciences & Disorders
983 Ritter Annex
1301 Cecil B. Moore Avenue
Philadelphia, PA 19122



Mailing Address

Eleanor M. Saffran Center for
Cognitive Neuroscience
110 Weiss Hall
1701 N 13th Street
Philadelphia, Pa 19121

Phone: 215-204-4350

Fax: 215-204-6334

E-mail: saffrancenter@temple.edu



APHASIA REHABILITATION RESEARCH LABORATORY

Temple University *Informational Brochure*



www.saffrancenter.com



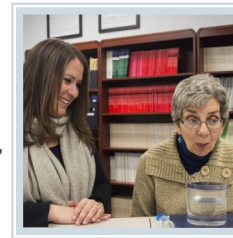
Nadine Martin, Ph.D.

Nadine Martin, Ph.D. is a Professor of Communication Sciences and Disorders at Temple University and serves as the Director of *The Eleanor M. Saffran Center for Cognitive Neuroscience*. Her research on language and verbal short-term memory abilities in aphasia, supported by the National Institutes of Health (NIH), has contributed greatly to both theoretical and applied models of aphasia rehabilitation.



Our Lab

Researchers, clinicians and students in this laboratory work together to investigate the relationships among language and short-term memory impairments associated with aphasia. Stroke and progressive neurological disorders often lead to changes in language and other cognitive functions. The knowledge we gain through the study of these changes is used to develop better diagnostic measures and more effective treatments for aphasia. Our aim is to find ways to improve the overall communication abilities, and consequently, the quality of life, for people with aphasia.



Research

The tests and treatments we offer are experimental, and are based on the latest knowledge of language and cognitive difficulties associated with aphasia.

Diagnostic

- ◇ Temple Assessment of Language and Verbal Short Term Memory in Aphasia (TALSA)
 - The TALSA test battery carefully evaluates language and verbal short term memory abilities in individuals with aphasia.

Treatment

- ◇ Here at the laboratory, we have strategically developed treatment approaches for many areas of language and verbal STM, including:
 - *Word and sentence production*
 - *Word and sentence comprehension*
 - *Holding onto words in memory*
 - *Improving conversational skills*

Why Get Involved?

There are many reasons to get involved with research in our laboratory. With your participation, we can determine if the treatment within our research program is effective and reliable in language and verbal short-term memory rehabilitation. Take advantage of the opportunity the laboratory has to offer:

- ◇ Practice your language and short-term memory abilities
- ◇ Improve your ability to communicate with others
- ◇ Become a part of a supportive and interactive aphasia community
- ◇ Help improve rehabilitation methods for aphasia and other language disorders that occur after stroke or other neurological disorders

Please see backside for details on how to get involved with the Aphasia Rehabilitation Research Laboratory



GET PAID FOR LANGUAGE AND MEMORY RESEARCH

The Aphasia Rehabilitation Research Laboratory at Temple University is seeking participants for online and in person studies of language and memory.

LOCATION

- Your home via computer
 - No computer skills necessary – a researcher will facilitate instruction
- Our lab at Temple University
 - Extensive safety procedures are in place for in-person appointments

ELIGIBILITY REQUIREMENTS

- Age 21 or older
- Native English speaker
- Healthy adults and those with a diagnosis of aphasia or mild cognitive impairment

PAYMENT

- \$10/hour; \$10 transportation (for in person sessions)

TIME

- 3-6 sessions lasting 1.5 - 2 hours

Questions? Contact us at emslab@temple.edu
or call us at 215-204-4350.

